**Patient Name:** JOHNSON, SHAKEEM

**Date of Birth:** 09/20/1992

**Date of Service:** 03/28/2022

**History of Present Illness:**  
This is a 29 year-old male who was involved in a motor vehicle on 04/24/21. The patient states that he was the rear seat passenger with seatbelt on of a vehicle, which was involved in a rear end collision while at red light. Patient injured Left Knee in the accident. The patient is here today for orthopedic evaluation. Patient has been undergoing chiropractic therapy for over 6 months and needs to start PT with Dr. Berger.

The patient complains of left knee pain that is 7/10 with 10 being the worst, which is sharp in nature. Pain increases with walking and improves with rest and states that his knee gives out.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
None

**Allergies:**  
No known drug allergies

**Social History:**  
Noncontributory.

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Left Knee:**  
Examination of the knee revealed no tenderness on palpation. There was no effusion. There was no atrophy of the quadriceps noted. Lachman’s test was positive \_\_\_\_\_+1. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was not present. Valgus & Varus stress test was stable. Range of motion: Extension 0 degrees (0 degrees normal).

**Diagnostic Imaging:**  
08/02/2021 - MRI of the left knee reveals torn anterior cruciate ligament. Suprapatellar and intraarticular joint fluid.

**Assessment and Plan:**  
Diagnosis: Anterior cruciate ligament tear, left knee.  
Plan: Left knee arthroscopic surgery.

The patient has failed conservative management which has included physical therapy, oral medications. The MRI was reviewed with the patient as well as the clinical examination findings. I have gone over all treatment options with the patient. At this time, I have discussed the benefits and risks of Left knee arthroscopy, chondroplasty, synovectomy, partial vs total meniscectomy and all other related procedures with the patient. I answered all their questions in regards to the procedure. The patient verbally consents to the procedure.

The patient’s Left Knee was examined   
MRI of the Left Knee was reviewed.   
Patient is to return to the office 2 weeks postop.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**